

How Effective Are You At Work?

Being an effective leader at work these days often means you have to first be effective on your own. With shrinking resources and growing responsibilities, everyone is having to produce more with less. Studies show employees often claim to feel 'alone' and adrift while upper management doesn't hear them. It is difficult to succeed in this everchanging environment; It is even more difficult to lead others.

Below is a quick exercise to put your leadership effectiveness into perspective. In this 12-question assessment, you will discover if you are indeed making the most of your environment and your skills, or if there is an opportunity for growth.

Please answer the following questions honestly based on the following scale: True = 10 pts., False = 1 pts. If the answer is 'Sometimes' the value is 5 pts.

		True (10)	Sometimes (5)	False (1)
1	I am excited to go to work each day?			
2	I am perceived as an expert in my business?			
3	My communication is rarely misunderstood?			
4	I have great relationships with my colleagues?			
5	I bring value to my team?			
6	I listen more often than talk?			
7	My colleagues often approach me for my perspective?			
8	I want to do a good job?			
9	If something is unclear, I ask for clarity?			
10	I try to understand and appreciate others' perspectives?			
11	I am comfortable sharing my knowledge with others?			
12	I am the same person at home and work?			
Total Points				

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Congratulations! You are on your way to becoming a very effective leader. With your energy and passion, colleagues will continue to rely on you to motivate and lead them.

If you are interested in advancing your career faster than you would on your own, please contact me at jane@gainyouredgecoaching.com for a complimentary 30 minute coaching session. Together, we will identify your goals and strategies to achieve them quicker.

In addition, I'd love to recommend 'The 7 Habits of Highly Effective People' by Stephen R. Covey. These Seven Habits could be the secret to your success.

- 79 Points

You can be effective at times. There is an opportunity for you to grow and develop your strengths. It all starts with self awareness and a willingness to make some shifts.

If you are interested in improving your effectiveness as a leader and creating further opportunities for growth, please contact me at jane@gainyouredgecoaching.com for a complimentary 30-minute coaching session. Coaching is a strategic partnership to support you achieve your goals based on your values.

In addition, I'd love to recommend the book 'Now, Discover Your Strengths' by Marcus Buckingham & Donald O. Clifton, as a resource to start thinking about your next steps.

50 Points

You are not as effective as you could be. If your work is meaningful to you, your passion and strengths will be seen, and you will have a greater impact on those around you.

If you are interested in creating the environment for your passion and personal assets to be more visible, please contact me at jane@gainyouregdecoaching.com for a complimentary 30-minute coaching session.

In addition, I'd love to recommend one of my favourite books. Actually, regardless of your scale, I'd suggest reading 'The Four Agreements' by Don Miguel Ruiz. It is an inspiring and potentially life changing book.

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